

*A*

ADAIR ARMS  
GRILL

MENU

## ALLERGY ADVICE

**Before placing your order please inform your waiter if a person in your party has a food allergy.**

Due to the presence of nuts in some of our ingredients there is a small possibility that nut traces may be found in any of our items.

**(GF)** - Gluten Free **(V)** - Vegetarian

## STARTERS & LIGHT MEALS

**Vegetable Broth** ..... **£3.75**  
*with baked Bread Rolls*

**Melon & Orange Cocktail (GF)** ..... **£3.95**  
*with Mango Coulis and Ginger, topped with a refreshing Sorbet*

**Traditional Prawn Cocktail** ..... **£5.25**  
*with crisp salad leaves, tomato and lemon mayonnaise dressing accompanied with wheaten bread*

**Chicken Liver Pate** ..... **£4.95**  
*served with port and plum chutney and toasted brioche bread*

**Terrine of Smoked Duck** ..... **£5.25**  
*with green peppercorns, orange and onion marmalade glaze*

**Potato Wedge Melters** ..... **£4.50**  
*smoked bacon and melted cheese, garnished with mayonnaise dip*

**Roast Duck Cigars** ..... **£4.95**  
*roast duck strips and stir fried vegetables, wrapped in water pastry served with mixed leaves and hoi sin sauce*

**Trio of Cheeses (V)** ..... **£5.25**  
*breadcrumbs, deep fried and drizzled with raspberry vinaigrette, served with dressed salad leaves*

**Cheesy Garlic Bread (V)** ..... **£3.25**  
*with salad garnish*

**Breaded Salmon Fishcake** ..... **£4.25**  
*with lime and sweet chilli mayonnaise dressing*  
Also available as a Main Course ..... £8.50

**Adair Chicken Goujons** ..... **£5.25**  
*coated in breadcrumbs, served on a house salad garnish with garlic, chilli or mayonnaise dip*

**Marinated King Prawns (GF)** ..... **£5.50**  
*in garlic and chilli, crisp leaves and tangy lemon vinaigrette*

## HOT SANDWICHES

**Steak Bloomer** ..... **£9.50**

*panned fried steak slices, caramelised onion and salad layered sandwich*

**B.L.T** ..... **£7.50**

*smoked bacon, lettuce and tomato with house dressing served in a toasted baguette*

**Italian Chicken Ciabatta** ..... **£8.75**

*char-grilled chicken fillet with melted cheese and salsa topped with sour cream*

*All above served with chips*

## PANINIS

**Toasted Panini Bread Stick** ..... **£7.95**

*with choice of any two fillings*

Chicken

Ham

Smoked Bacon

Tuna

Cheese

Sweetcorn

Tomato

Red Onion

*All paninis garnished with salad and chips*

## FRESHLY PREPARED SANDWICHES & TOASTIES

**Freshly Made to Order**

**Sandwiches and Toasties** ..... **£3.50**

*with your choice of any two fillings on white or granary bread*

Chicken

Ham

Smoked Bacon

Tuna

Cheese

Sweetcorn

Tomato

Red Onion

*All sandwiches and toasties garnished with salad and potato crisps*



## ADAIR OPEN SALADS

**Chicken Caesar Salad ..... £9.50**

*served with lettuce, smoked bacon and warm croutons with a classic caesar dressing*

**King Prawn Salad Bowl ..... £10.95**

*served with tossed leaves and salad accompanied with wheaten bread*

**Crispy Duck and Orange Salad ..... £10.95**

*with garlic croutons, orange segments and balsamic dressing*

**Fishermans Net ..... £10.95**

*fresh fish and shellfish selection, served on open salad, with mixed oil breads*

## BURGER BAR

**Lanyon Burger ..... £8.75**

*100% local prime beef burger served with smoked bacon, pineapple, sweetcorn relish and red onion*

**Classic Adair Burger ..... £8.50**

*100% local prime beef burger, char grilled with tobacco onions, accompanied with peppercorn sauce, served on a toasted bap*

**Open Chicken Fillet Burger ..... £9.25**

*chicken fillet breadcrumbed and oven baked with smoked bacon, with tomato and lettuce on a crusty loaf with mayonnaise*

*all above served with your choice of potato*



## FROM THE GRILL

**Adair Mixed Grill (GF) ..... £16.50**

*slices of steak, pork chop, chicken, bacon, sausages, mushrooms, grilled tomato and topped with fried egg*

**Rib Eye Steak ..... £14.50**

*cooked to your liking, served with tobacco onions*

**12oz Sirloin Steak (GF) ..... £17.50**

*cooked to your requirements  
 with grilled tomato and button mushrooms*

**Deep Fried Fillet of Plaice ..... £10.95**

*fresh plaice served with lemon wedge and tartar sauce*

**Traditional Chicken Maryland ..... £12.75**

*panned chicken fillet oven baked with bacon  
 garnished with banana, pineapple fritter and sweetcorn*

**Fillet of Haddock ..... £9.95**

*in crispy batter, garnished with mushy peas*

**Chicken Chantrelle ..... £11.95**

*char grilled chicken fillet, with wild mushroom and pancetta in a white wine cream sauce*

**Bird & Surf ..... £11.75**

*supreme of chicken pan fried with jumbo scampi tails in white wine and chive sauce*

**Bird & Turf ..... £13.95**

*tender fillet of chicken and steak slices, French fries with cajun spices accompanied with peppercorn sauce.*

**Freshly Battered Scampi ..... £12.25**

*accompanied with lemon and caper dressing*

**Braised Lamb Shank ..... £11.95**

*with red wine and rosemary, buttered leeks and champ potato cake*

**Panned Darne of Salmon ..... £11.50**

*grilled asparagus spears, accompanied with coconut Thai sauce*

*All above served with your choice of potato*

## SOMETHING DIFFERENT

**Lasagne** ..... **£9.50**

*fresh homemade lasagne, served with house salad, garlic bread and chips*

**Chicken Goujon Tortilla** ..... **£10.95**

*breaded goujons wrapped in tortilla with salsa, chive dressing and salad, served with chips*

**Chicken Korma Malai** ..... **£11.25**

*Tender Pieces of Chicken Cooked In A Creamy Sauce of Coconut, Malai Spices and Pineapple, Served With Nann Bread and Basmati Rice*

**Beef or Chicken Curry** ..... **£10.95**

*cooked beef or chicken pieces in spices, peppers and onions, served with boiled rice and poppadoms*

**Spicy Chicken or Beef**

**Pita Bread Pocket** ..... **£11.25**

*stir fried vegetables with a choice of chicken or beef in sweet chilli barbeque glaze served with chips*

**Three Egg Omelette (GF)** ..... **£8.50**

*choice of any two fillings: salmon, leek, ham, chicken, cheese or tomato, served with chips*

## VEGETARIAN OPTION

**Stir Fried Vegetables (V)** ..... **£9.95**

*with noodles tossed in soy sauce and black bean*

**Goats Cheese and**

**Sundried Tomato Parcels (V)** ..... **£11.25**

*in water pastry, with mixed leaves and basil dressing*

**Mushroom Tagliatelle (V)** ..... **£10.25**

*wild mushrooms and shallots sautéed with butter, cream, white wine, topped with parmesan and garnished with garlic bread slices*



## POTATO CHOICES, SIDE ORDERS & SAUCES

Chips	Sauté Mushrooms
Sauté Potatoes	Green Salad
Garlic Fries	Tossed Mixed Salad
Baby Boiled Potatoes	Garlic Bread
Traditional Champ	Vegetables of The Day
French Fried Onion Rings	Garlic Butter
Creamy Peppercorn Sauce	Sauté Onions

**Any item above..... £2.50**

## DESSERTS

**Chocolate Fudge Cake ..... £3.95**  
*served with cream and ice cream*

**Fresh Fruit Salad (GF) ..... £3.95**  
*served with fresh cream or ice cream*

**Crème Brulee ..... £3.95**  
*served with vanilla shortbread*

**Fresh Fruit Pavlova (GF) ..... £3.95**  
*served with fresh cream and duet of fruit coulis*

**Sticky Toffee Pudding ..... £3.95**  
*served with butterscotch sauce and dairy ice cream*

**Chef's Cheese Board..... £3.95**  
*served with crackers and grapes*

**Sweet of The Day ..... £3.95**  
*please ask your server*





**ADAIR ARMS**  
**HOTEL**

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